

Chelan/Douglas School Retirees' Association

KEEPING YOU UP TO DATE

The Mission of the Chelan/Douglas School Retirees' Association is to secure and protect retirees' benefits and to provide educational and service opportunities for members.

Your Next Meeting:
at the **Red Lion**
Cascade Room

1225 N Wenatchee Ave, Wenatchee

MONDAY, November 13, 2017
at 12:00 P.M.

COST IS \$14.50 Includes: Room Rental, Buffet Lunch, Dessert,
Tax & Gratuity

The Executive Board meets at 10:00 AM. All are welcome!

NOVEMBER PROGRAM

Andie Johnson

College Mentor Program
and

Layne Knipfer

Report from the Wenatchee
Mini Maker's Faire

Dear Members of CDSRA,

Our October meeting was enriched by two speakers who brought us important information: Rohn Rutledge from AMBA, Association Member Benefit Advisors, and Fred Yancey, WSSRA Contract Lobbyist. Rohn made us aware of the many benefits that members can enjoy which include dental and vision plans, discounts at numerous businesses and programs, and MASA, a medical air service. Fred shared the importance of us staying informed and staying involved with the legislative process. The legislative sessions will begin in early January and our retirement benefits will again be a focus of our lobbyists. Plan 1 members are one of two groups in the state which have not had a COLA for many years. We are hoping for progress in this area.

Our new webpage went on-line on October 24. You can access it at chelan-douglas-sra.org. Any suggestions would be appreciated. Our thanks to Becca Freimuth for her work on this project. The enrollment deadline for enrolling in or changing your Medicare Supplement Program is December 7. If you want more information on available plans, you can contact the Senior Insurance Services of NCW at 509-888-2600. They are located in the Senior Center on Maple Street and offer this free consulting services which you would find helpful.

Sincerely,
Beverly Jagla, Unit President

New CDSRA Website Now Online!

You can access the new website at:

www.chelan-douglas-sra.org

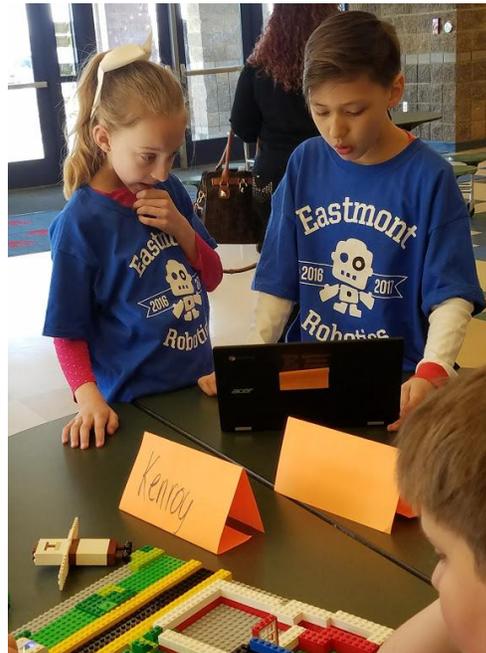
On it you will find:

- Mission Statements
- Goals
- Contact Information
- Forms for Active Member Grants
- Membership Enrollment Directions
- WSSR-PAC information
- Past Newsletters
- Links to State and National Groups

Since it's new, we would welcome input on this new site. Please send input to: [cgsra@outlook.com](mailto:cdsra@outlook.com)

CDSRA HELPS SPONSOR 1ST REGIONAL LEGO TOURNAMENT

The CDSRA Board approved \$1000 to the Wenatchee Valley Museum and Cultural Center to assist in the



sponsorship of the first regional Lego League Tournament. It will be held at Clovis Intermediate School in East Wenatchee on Dec 9th. Teams from our four county area will be vying for spots at the state tournament.

Lego League students contemplate their next move

Volunteers needed at Rock Island School!

Could you come and read with students Tuesday or Wednesday morning or even be a substitute reader? Contact Mary Perkins if you could help. (509-884-7671)

FUTURE MEETING DATES:

Next General Meeting, Monday, December 11th

Mail Label

YOUR NEXT MEETING
MONDAY, November 13, 2017
at 12:00PM – Details Enclosed

CAN WE BUY YOU LUNCH?

If you haven't had the opportunity to come to our monthly meetings, we would like to invite you to join us. All first time member attendees will enjoy lunch on us!

Upcoming Events

Nov. 13 – CDSRA General Meeting at Red Lion
Nov. 20 – Newsletter Items Due
Nov. 29 - Newsletter Mailing Committee

CDSRA Continues to Help Others!

CDSRA made a \$250 contribution to each of the Wenatchee, Eastmont and Cashmere School District's McKinney-Vento Homeless Funds.

When you attend November's meeting, please bring an item or two for the Haven of Hope. They are in need of: lotion, cotton swabs, thank-you notes, kleenex and pillows.

ARE YOUR IMMUNIZATIONS CURRENT?

Immunizations given during childhood wear off over time. According to CDC you may be at risk for vaccine preventable diseases due to age. All adults need immunizations to help prevent getting and spreading serious diseases. You may need one or more vaccines even if you received vaccines as a child or young adult. Ask your doctor which ones are right for you!

Recommended Immunizations for people over 60 years old:

- Influenza (flu)
- Shingles
- Diphtheria
- Pertussis (whooping cough)
- Pneumococcal (pneumonia)

DID YOU KNOW?

Uniform Medical premiums have increased \$55 per month! Increasing the Medicare Benefit to \$205 per month is needed to mitigate current premiums. Please be ready to support our Legislative team to help restore the cut and mitigate the loss of purchasing power from increasing healthcare premiums.

**Please let us know if we can update
your contact information. CDSRA@outlook.com**